



CENTRE FOR INNOVATION IN

## CAMPUS MENTAL HEALTH

Conference 2017

Innovation, Opportunities and Challenges

Monday, October 30 <sup>th</sup> , 2017		
8:00am – 9:00am	Registration and Continental Breakfast	
9:00am – 10:00am	Opening Ceremonies	Ballroom
9:08 am	Emcees introduce Camille	
9:10 am	Camille introduces Minister Deb Matthews	
9:40 am	Tayyab Rashid – Campus Mental Health Policy & Planning: Insights from Five-years of Longitudinal, Outcome-based Data  <i>Tayyab Rashid, Danielle Uy, Andrew Cooper, Ary Maharaj, Sonya Dhillon, University of Toronto Scarborough (UTSC)</i>	
10:00am – 10:30am	1 <sup>st</sup> Keynote – Natasha Saunders	Ballroom
10:30am – 11:00am	Health Break / Refreshments / Poster & Exhibitors	Poster Hall
11:00am -12:15pm	A1: Wellness in Two Worlds: A Holistic approach to supporting Indigenous Students  <i>Laurie Schnarr, Cara Wehkamp &amp; Natasha Young (University of Guelph)</i>	Room TBA
	A2: Engaging Staff & Faculty in Campus-Wide Mental Health Initiatives  <i>Kate Klein &amp; Jacqueline Macchione (George Brown College)</i>	Room TBA
	A3: Institutional Structure  <i>Tayyab Rashid (University of T)</i>	Room TBA
	A4: Mental Health Awareness  <i>Maggie Patterson (Canadian Centre on Substance Abuse)</i>	Room TBA
12:15pm – 1:15pm	Buffet Lunch - Poster Presentations / Exhibitor  CICMH Introduction and send to workshops – Marija Padjen	Ballroom & Foyer
1:15pm – 2:30pm	B1: Extending the Healthy Campus Online: Considering Distance Student Mental Health  <i>Rose Singh (Dalhousie University)</i>	Room TBA
	B2: The Inquiring Mind: A new program to address mental health in post-secondary settings  <i>Andrew Szeto &amp; Keith Dobson (University of Calgary)</i>	Room TBA
	B3: Engaging Students During the Development of Campus Mental Health Strategies	Room TBA



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	<i>Colin Aitchison &amp; Nadia Bathish (Ontario Undergraduate Student Alliance)</i>	
	B4: Informing College Mental Health Strategies: High Risk Mental Health Crises (2013-2016) <i>Shirley Porter (Fanshawe College)</i>	Room TBA
<b>2:30pm – 3:00pm</b>	<b>Refreshments</b>	<b>Poster Hall</b>



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3:00pm – 4:00pm	C1: Advancing a Mentally Healthy Campus <i>Stephanie Francis (York University) and Andrew Szeto (University of Calgary)</i>	Room TBA
	C2: Creating a Mental Health Hub <i>Janice Beatty (Sault College)</i>	Room TBA
	C3: Workshop with Dr. Peter Cornish - TBA	Room TBA
	C4: Re-thinking How Students Access and Receive Mental Health Support on Campus – A Collaborative & Data Driven Approach <i>Dr. Puneet Seth &amp; Areeba Athar (McMaster University &amp; Input Health)</i>	Room TBA
4:00pm – 5:00pm	Networking Rooms D1: Accessibility on Campus (Mahadeo Sukhai) D2: Reducing the Harms of Substance Abuse on Campus (Tamar Meyer) D3: Apps for Campus Mental Health (Simon Hatcher) D4: Student Leaders Addressing MH & Addictions (Sophie Helpard & Abdullah Mushtaq)	Room TBA



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Tuesday, October 31 <sup>st</sup> , 2017		
8:00am – 9:00am	Registration and Continental Breakfast	
9:00am – 9:15am	Opening Remarks – CMHA BC and CMHA Alberta to endorse the Okanagan Charter	Ballroom
9:15am – 10:45am	Panel Discussion: Suicide Prevention and Life Promotion Moderator: Sophie Helpard (Ontario Undergraduate Student Alliance) Panel Members: 1. Meredith Gardiner (CMHA WW) 2. Alison Burnett (University of Guelph) 3. Melinda Scott (University of T) 4. Andrea Carter (University of T) 5. Shayan Yazdanpanah (Jack.org)	Room TBA
10:45am – 11:15am	Refreshments (move to next session)	Ballroom & Foyer
11:15am – 12:15pm	E1: A Post-Secondary Harm Reduction Based Approach to the Opioid Crisis <i>Ben Bridgstock (Algonquin College)</i>	Room TBA
	E2: Changing the Culture of Mental Health on Campus <i>Andrew Szeto &amp; Debbie Bruckner (University of Calgary)</i>	Room TBA
	E3: Accessible Mental Health Services <i>Mahadeo Sukhai (National Educational Association for Disabled Students)</i>	Room TBA
	E4: Apps on Campus <i>Dr. Simon Hatcher (University of Ottawa)</i>	Room TBA
12:15pm – 1:15pm	2 <sup>nd</sup> Keynote – Peter Cornish (Plated lunch)	Ballroom
1:15 – 1:30pm	Closing Remarks – Marija Padjen	Ballroom

Posters Confirmed:

Speaking Your Language Peer Support Training Evaluation – Andriana Vinitchok – Wilfrid Laurier University

Exercise: A Visible Treatment for Depression – Ron Griffith – Mount Royal University