

Mental Health & Addictions Case Manager

Transitional Support & Support with Transitions

Centennial College has launched a new case management service geared to students who:

- Are at risk of (in)voluntary withdrawal due to a mental health or substance use-related concern
- Are returning to school following a leave of absence, hospitalization or emergency department visit for a mental health or substance use-related concern
- Require community-based mental health & addictions assessment, treatment or support

The Case Manager provides care coordination and individual support to students experiencing significant mental health & addiction challenges. Students meeting any of the following criteria should be referred to the Case Manager:

- Experienced a mental health or substance use-related crisis on campus which required a mobile crisis, emergency or police response
- Suicide attempt*
- Emergency department visit for a mental health or substance use-related concern
- Hospitalization for a mental health or substance use-related concern
- (In)voluntary withdrawal considered or in progress due to a mental health or substance use-related concern
- Returning to school following voluntary or involuntary withdrawal due to a mental health or substance use-related concern
- Referral to community mental health/addictions assessment, treatment or case management services required
- Currently waitlisted for community mental health/addictions assessment, treatment or case management services and interim case management support is required

Referrals and consultation requests can be made by contacting the Case Manager by phone, email or in person:

Michelle Delrish
Counselling Centre, Progress Campus, Room C1-03
Ext. 2359
mdeirish@centennialcollege.ca

*If a suicide attempt is in progress/imminent, call 911 and Campus Security (Ext. 2020). If a student is having thoughts of suicide, please contact the Counselling Centre (during business hours) or Campus Security (after hours) for immediate assistance.