The Standard for Psychological Health and Safety for Post-Secondary Students
Mental Health in Canada
Higher Education

- The Inquiring Mind
- E-Mental Health
- Workplace Mental Health
- National Standard for Post Secondary Student Mental Health
The Inquiring Mind

• education-based prevention program

• significant reductions in stigma,

• increases in resiliency skills
What is e-mental health (eMH)?

- internet and other electronic communication technologies to deliver mental health info & care.
- effective and complementary option
e-Mental Health (eMH) Demonstration Project

• Partnership with the MHCC, Government of NL and core team at Memorial University

• Stepped Care 2.0 is **rapid access system** of delivering programs

• **17** community/primary health care clinics
Workplaces

- Framework
- Tools not Rules
- Free
- Voluntary
Implementation Tools and Resources
Establishment of Canada’s first Standard for Psychological Health and Safety of Post-Secondary Students

Project Leads

Funding Partners

Other Partners
Executive Advisory Committee Members
## Technical Committee

<table>
<thead>
<tr>
<th>User Interest</th>
<th>Organization Interest</th>
<th>Government Interest</th>
<th>Service Providers</th>
<th>General Interest</th>
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<tbody>
<tr>
<td>Representing the interest of students (and their families as support?)</td>
<td>Representing the post-secondary institutions (functional)</td>
<td>PFT agencies supporting mental health and / or post-secondary institutions</td>
<td>Interests of those providing services to PSI (org'l) and to students (response/treatment)</td>
<td>Academics / Researchers in the PSH field.</td>
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Voting: Min. 22 Max. 36  
Non-Voting Min. 6 Max. 6
Project Objectives

1. Development of a National Standard for Psychological Health and Safety of Post-Secondary Students

2. Community Engagement *INFORM-DIALOGUE-COLLABORATE-ACT*

3. Tools and resources for institutions

4. Indicators for success

5. Uptake of the Standard by institutions
Get Involved

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#StudentSuccess

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