The Standard for Psychological Health and Safety for Post-Secondary Students
We would like to begin by acknowledging that the land on which we gather is the traditional territory of the Wendat, the Anishnaabeg, Haudenosaunee, Métis, and the Mississaugas of the New Credit First Nation.
Establishment of Canada’s first Standard for Psychological Health and Safety of Post-Secondary Students

Project Leads

Mental Health Commission of Canada  Commission de la santé mentale du Canada

CSA Group

Funding Partners

Universités Canada.

Universities Canada.

RBC Foundation

RBC

Let’s Talk

Bell

Fondation de la famille Rossy

Rossy Family Foundation

Other Partners

Colleges and Institutes Canada

Collèges et instituts Canada
Project Objectives

1. Development of a National Standard for Psychological Health and Safety of Post-Secondary Students

2. Community Engagement *INFORM-DIALOGUE-COLLABORATE-ACT*

3. Tools and resources for institutions

4. Indicators for success

5. Uptake of the Standard by institutions
Environmental Scoping Review

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Stress on Campus

Stress ⟷ Distress ⟷ Impacts on Academics
Scoping Review Highlights

- Special Subpopulations
- Coping and Help Seeking
- Programs/Interventions
Key Themes and Needs

- Campus environment
- Standard
- Partnerships
- Substance use & harm reduction
- Whole-campus approach
- Student centeredness
- Prevention to treatment
- Knowledge exchange & evaluation plan
- Anti-stigma & awareness
- Training
- Monitoring
Discussion
What is working right now to support student mental health?
Best/Promising Practices

What are some promising or best practices on campus supporting, promoting or strengthening student mental health?
Barriers

What are the barriers to students having optimal mental health?
Content

What do you want to see addressed in the standard?
merci beaucoup
Get Involved

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#StudentSuccess  #RéussitedesÉtudiants