Crisis on Campus:

Youth Advocates

Bridging

Institutional Gaps
Raise Your Hand If You...
Ben Sabic

- Humber College Student
  Advanced College Diploma, Sport Management (2018-2021)

- Kids Help Phone National Youth Council

- Council of Youth Mental Health Champions
  Founding Chairperson (2018-Present)

- WE Day Speaker
  WE Day Manitoba 2017

- National Event Planner
Matthew McLaughlin

- McGill University Student
- Students’ Society of McGill University
- Kids Help Phone National Youth Council
- Centre for Addiction and Mental Health National Youth Action Committee
- ACCESS Open Minds National Youth Council
Julia Caddy

- McGill University Student
- Jack.org Network Representative
- Kids Help Phone National Youth Council
- Students in Mind Conference
- Alberta Children’s Hospital Foundation
Megan Van Massenhoven

- Outreach Manager, Good2Talk Ontario’s Post-Secondary Student Helpline
  - Visit Campuses Around Ontario
  - Train University/College Staff
  - Manage Student Volunteers
- Community and Youth, Kids Help Phone
  - Chair, Youth Engagement Committee
  - LivingWorks safeTALK Trainer
From your perspective, what is the state of the current mental health environment on campuses?
6,610 Students Attempt or Seriously Consider Suicide

8,055 Students Treated For Some Form of Anxiety

19,438 Students Feel So Depressed It Is Difficult To Function
What action can students take to ‘fill the gaps’ / address their own mental health?
How can institutions and community organizations empower students to fill the current gap?
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