



Ontario Centre of Excellence  
for Child and Youth  
Mental Health

*Bringing People and Knowledge Together to Strengthen Care.*

## Suicide prevention on campus

Centre for Innovation in Campus Mental Health

May 25, 2018 Webinar

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# About us

We bring people and knowledge together to strengthen the quality and effectiveness of mental health services for children, youth and their families and caregivers.

## SERVICE AREA SUPPORT

strengthen skills and knowledge in key areas that lead to **improved outcomes**

## SYSTEM SUPPORT

provide consistent evidence-informed approaches that **enhance service planning and delivery**

## IMPACT AND INNOVATION

inspire excellence and innovation through **continuous learning, evolution and innovation**



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# Online Toolkit

TOGETHER  **LIVE**



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# **Suicide Prevention on Campus**

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# Life Promotion/Suicide Prevention

**A holistic approach that goes beyond the immediate goal of alleviating distress and works with young people to harness their sense of hope, meaning, belonging and purpose**



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# Campus Suicide Prevention



# Campus Suicide Prevention

## Mental Health Promotion

education and awareness

policy development

resiliency building

## Prevention

programs for high risk populations

## Risk Management/Intervention

training

# Our Community Framework



# Postvention a closer look



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# Our Community Framework



# Who to include?

Senior level leadership

University Communications

Community Partners

Student Leaders

Academic Deans/Faculty

Front Line staff

Campus Police

Crisis support teams/Student at Risk Team



# Making a Plan

- Postvention Implementation team members their roles and responsibilities
- Confidentiality issues
- Communicating with the family
- Memorials
- Dealing with the media/social media
- Prepared Resources
- Caregiver support





# Get Going

- What training do members of the team need?
- How do we activate once a suicide has occurred?
- Who will coordinate and communicate the response across the entire team?
- What will support for team look like?



# Challenges

- Communication with those that need to know, respecting of privacy
- Emergency fan out
- Departmental protocols
- Internal politics
- Social media pressure



# Evaluate your efforts

- Debriefing afterwards will be important
- Providing opportunities for students/staff/faculty/partners to comment on the helpfulness of the response





# Sustainability

- Revisit the policy annually
- Make it part of the orientation process for staff, student leadership others
- Consider training for those involved
- Document past experiences to support learning

