



WATERSTONE

Foundation for Eating Disorders



Mental Health
Commission
of Canada



Canadian Mental
Health Association



nedic
National Eating Disorder
Information Centre

Waterstone Foundation presents

Eating Disorders: From Detection to Treatment

To celebrate **Eating Disorder Awareness Week**, expert trainers **Dr. Anita Federici, Ph.D., C.Psych**, **Dr. Madalyn Marcus, Ph.D., C.Psych** and **Nutrition Counsellor Susan Osher, MSc, RD, CEDRD** will be offering a **FREE** full day training for those working with youth and adults (ages 18+) in post-secondary education, health care, and community settings.

Objectives of Workshop:

- PROMOTE** early detection of eating disorders across the lifespan
- PROVIDE** a comprehensive review of anorexia nervosa, bulimia nervosa, and binge eating disorder
- ENHANCE** knowledge about the causes of disordered eating
- DISCUSS** set point theory and the regulation of weight
- INFORM** on when the eating disorder becomes life threatening
- PRESENT** an overview of evidence based treatments

Monday February 4th, 2019

9 am - 4 pm

WE Global Learning Centre

339 Queen St East, Toronto, ON M5A 1S9

Space is limited. To reserve your spot for in-person or online attendance, visit:
<https://www.eventbrite.ca/e/eating-disorders-from-detection-to-treatment-tickets-53577462633>

Feel free to forward this invite to your organization team members.

Have a question? Please contact Leysa@we.org.

Registration closes **Wednesday January 30th, 2019**