**Centennial College - Feedback-Informed Treatment and Care Approaches**

*Please provide a high level summary of your project:*

As part of our project, we worked with our evaluation champion to:

* Introduce feedback informed treatment (FIT) approaches to our full team of clinicians;
* Develop a FIT framework identifying appropriate measures to be utilized in our FIT approach;
* Embed FIT measures into our system (electronic health record);
* Begin piloting FIT approaches with 2 counsellors on our team (pilot initiated in early March 2022).

*What were your goals in this project?*

As stated above, and Deb's support was invaluable in accomplishing them.

*What obstacles did you encounter, if any, in the course of this project?*

Time and capacity, notable among practitioners on the team, to fully engage with this work.

*What were some of your key learning outcomes from this project?*

* Increased knowledge of FIT assessment tools;
* Increased awareness of value of FIT in building therapeutic alliance and contributing to client outcomes.

*Did you meet your goals for this project? If not, why?*

Yes.