Appendix H: Peer support case note template

For individual peer support

Session date: _____

Session time: _____

Participant name: _____

Participant age: _____

Participant pronouns: _____

Peer supporter name: _____

Main presenting concerns outlined by participant:

Strengths and supports outlined by participant:

Goals outlined by participant:

Coping strategies shared/resources referenced/validation offered:

Additional notes and next steps:

These session notes have been reviewed by the peer supporter, and the participant.

Signed, _____ (Participant)

Signed, _____ (Peer supporter)

For group peer support

Group date: _____

Group time: _____

Peer supporter/facilitator name(s): _____

Number of participants that attended	
Number of participants actively engaged in conversation	
Gender pronouns of participants that attended	He/him: _____ Other: _____ She/her: _____ Not disclosed: _____ They/them: _____
Theme of group	
Topics discussed during group	
Coping strategies/resources/ validation shared	
Did a conflict occur during group?	Yes: _____ (*Please explain in the space below*) No: _____ Was a supervisor/manager notified of the conflict?