

Syllabus Insert

As a college student, you may experience a range of personal, physical and/or mental health issues that could result in significant barriers to achieving your personal and academic goals. George Brown College offers a range of services and programs that may be of assistance to you. We encourage you to seek out these resources early and often.

Services and Supports Available to GBC Students:

https://www.georgebrown.ca/current_students/student_services/

It is common for college students to feel distressed at times and to need more immediate support (i.e. related to challenges with relationships, domestic violence, stress, mental health, and more). To receive support, we encourage you to contact Counselling & Student Wellbeing, a free and confidential on-campus service: <https://www.georgebrown.ca/current-students/counselling/>. Our website had detailed information about various mental health resources for students on and off campus.