

## Centre for Innovation in Campus Mental Health: Campus Community Partnership Framework and Application Overview

The Centre for Innovation on Campus Mental Health (CICMH) is a partnership project involving Colleges Ontario, the Council of Ontario Universities, the Ontario Undergraduate Student Alliance, the College Student Alliance, and the Canadian Mental Health Association, Ontario Division.

Our mission is to help Ontario's colleges and universities enhance their capacity to support student mental health and well-being. A strategic priority for CICMH is to enhance campus-community partnerships to address student mental wellness. In fiscal 2022/23, CICMH will be devoting resources to strengthen community agencies' relationships and collaborations with campuses across Ontario. We will also be looking to advance equity, diversity, and inclusion in student mental health by supporting the provision of programs and services that meet the needs of equity-deserving student groups.

The CICMH Community Campus Partnership Framework is a key part of our work in enhancing collaboration and partnerships between community and public post-secondary campuses.

### The Need

- The demand for post-secondary student mental health services and supports is increasing.
- Campuses and community health organizations are struggling to meet this growing demand.
- The linkages between campus and community agencies are generally not well developed or not developed across the province.
- Individual campuses and community agencies have unique skills, resources and/or approaches that would benefit other partners.

<b>Objective</b>	<p>Developing and strengthening partnerships between non-profit community mental health agencies (CMHAs, AMHO) and public Post-Secondary institutions. Key outcomes include:</p> <ul style="list-style-type: none"> <li>• increased number of students served</li> <li>• decreased in wait lists</li> <li>• improved referrals to community agencies</li> <li>• increased service options on and off campus</li> <li>• improved transitions for students needing support</li> </ul>
<b>Opportunity</b>	<ul style="list-style-type: none"> <li>• Campuses can leverage support and expertise of community agencies to augment and/or complement campus programs, services, and supports.</li> </ul>

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<b>Types of Support from CICMH</b>	<ul style="list-style-type: none"> <li>Identifying potential community or campus partnerships</li> <li>Facilitating introductions with community and campus contacts</li> <li>Support project application process</li> <li>Resources to help develop programs or services (materials, tool kits, handbooks, research, etc.)</li> <li>Resources to support developing and strengthening more effective partnerships</li> <li>Facilitating communications and knowledge sharing with other agencies with experience in proposed project area</li> <li>Discretionary funds may be available, please contact Cecilia Amoakohene at <a href="mailto:camoakohene@campusmentalhealth.ca">camoakohene@campusmentalhealth.ca</a></li> </ul>
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<b>Who can apply</b>	<ul style="list-style-type: none"> <li>Joint application prepared by community agency (can be multiple agencies) and with one public post-secondary institutional partner</li> <li>Community mental health agency(ies) must be lead applicant.</li> <li>Community mental health agency(ies) (CMHAs, AMHO) serving Ontario residents and any Ontario public post-secondary institution</li> <li>All applications must have sign off by Senior leadership responsible for campus wellness and community agency</li> <li>Agencies can submit more than one application for projects with other academic public post-secondary institution</li> </ul>
<b>Type of projects</b>	<p>Replicating, adapting, or scaling a proven model or program currently offered <b>in your community</b></p> <ul style="list-style-type: none"> <li>Replicating, adapting, or scaling <u>new program/service</u> with <u>existing</u> campus partner</li> <li>Replicating, adapting, or scaling <u>new program/service</u> with <u>new</u> campus partner</li> </ul> <p>Demonstrating an untested model or program in your community</p> <ul style="list-style-type: none"> <li>Developing <u>new program/service</u> with <u>existing</u> campus partner</li> <li>Developing <u>new program/service</u> with <u>new</u> campus partner</li> </ul>
<b>Application Deadlines</b>	<ul style="list-style-type: none"> <li>June 15<sup>th</sup>, 2022</li> <li>August 15<sup>th</sup>, 2022</li> </ul>
<b>How to Apply</b>	Please go to <a href="https://www.surveymonkey.com/r/ZGYMD7X">https://www.surveymonkey.com/r/ZGYMD7X</a> to complete the brief online application
<b>Project Themes of Interest</b>	<p>Special consideration will be given to projects that focus on the following themes:</p> <ul style="list-style-type: none"> <li>Mental health supports for Indigenous Students</li> <li>Application of an anti-oppressive lens/ Anti-Oppressive Practice to student mental health</li> <li>Application of a health equity lens/practices to student mental health</li> <li>Whole-campus approaches to mental health crisis response</li> <li>Implementation of a campus/community program or service related to the National Standard for Mental Health and Well-Being for Post-Secondary Students</li> </ul>

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<b>Examples of partnership programs and activities</b>	<p>Low Resource Intensity</p> <ul style="list-style-type: none"> <li>• Training for students as part of academic program</li> <li>• Training and/or supports for student leadership</li> <li>• Promotion and awareness of community programs and services</li> <li>• Training for campus staff and administration to support student mental wellness</li> <li>• Training and/or supports for Athletic teams</li> </ul> <p>Medium Resource Intensity</p> <ul style="list-style-type: none"> <li>• Peer support training or development of programs (e.g., MH 1<sup>st</sup> Aid) for campus students (council, residence dons, etc.)</li> <li>• Established campus/agency referral process</li> <li>• Integrated planning sessions to address student mental health needs</li> <li>• Consultation around specific issues, e.g., suicides, eating disorders</li> </ul> <p>High Resource Intensity</p> <ul style="list-style-type: none"> <li>• On-campus clinics during peak stress times (e.g., orientation and exams) or year round</li> <li>• Integrated service supports (e.g., embedded staff on campus)</li> <li>• Crisis support advice</li> <li>• Mobile clinics</li> <li>• Clinics/Counselling off-campus</li> </ul>
<b>Frequency</b>	<p><b>Ten (10) spots</b> are available in the Campus Community Partnership Project. Agencies can submit <b>one (1) application</b> during the 2022/23 fiscal year with the maximum allotment per campus.</p>
<b>Selection and Approval Process</b>	<ul style="list-style-type: none"> <li>• Prior to submitting, applicants are required to contact CICMH Community Partnership Lead to discuss project</li> <li>• Projects requesting \$1000 and more will be required to include a project plan, description of partner roles and budget</li> <li>• <b>These applications will be reviewed and approved by CICMH and a sub-committee of the Executive Committee members (2-4 weeks turnaround).</b> Applications will be reviewed semi-blind (identifying details will be removed) by the Committee to ensure neutrality.</li> </ul>
<b>Project Assessment Criteria</b>	<ul style="list-style-type: none"> <li>• Balance across Ontario geography</li> <li>• Balance across Colleges and Universities</li> <li>• Balance across community Agency CMHA or other agencies</li> <li>• History of campus/community partnership <ul style="list-style-type: none"> <li>○ Type of activities</li> <li>○ Length of relationship</li> </ul> </li> <li>• Student engagement</li> <li>• Type of projects - Replicating, adapting, or scaling a proven model or program or proposing an untested model</li> </ul>



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	<ul style="list-style-type: none"><li>• Level of proposed project intensity</li><li>• Funds requested</li></ul>
<b>Timeframe</b>	<ul style="list-style-type: none"><li>• Progress report and evaluation findings of successful projects <b>must be submitted via Survey Monkey (link will be provided by Community Partnership Lead) by March 30th, 2023</b></li></ul>

For more information or to discuss a proposed project, please contact  
[camoakohene@cmapusmentalhealth.ca](mailto:camoakohene@cmapusmentalhealth.ca)